

# eksoINDEGO PERSONAL

## About Ekso Indego Personal

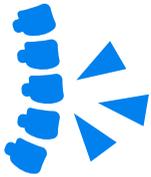
Ekso Indego is a powered lower limb orthosis worn on the torso and legs. The device can help individuals with lower extremity weakness or paralysis stand and walk. Ekso Indego has been FDA cleared for personal use (at home & in the community) for persons with T3 and lower spinal cord injury (SCI) to allow them to stand up and walk over ground on various surfaces under the direct supervision of a trained support person (caregiver).

Walking with Ekso Indego requires the use of a stability aid, such as a rolling walker, forearm crutches, cane or other stability aids.



## Intended Use

Persons with spinal cord injuries at T3 to L5. Optimal Ekso Indego candidates should have:



- Healthy bone density. Able to tolerate >15 minutes of standing without medical complication
- Height 5'1" (155cm) to 6'3" (190cm), though sizing depends on leg length
- Weight 250 pounds (113kg) or less
- Sufficient upper extremity strength to manage approved stability aids

## Getting an Ekso Indego

Patients will need to be screened and fitted by an Ekso Indego certified clinician to trial. In order to bring Ekso Indego home, patient and designated support person will go through clinical training sessions to learn to complete all required functional activities independently.



## Research

Participants reported significantly less spasticity and pain when using Ekso Indego 3-4 times per week for 8 weeks.\*

\* Juszczak M, Gallo E, Bushnik T. Examining the Effects of a Powered Exoskeleton on Quality of Life and Secondary Impairments in People Living With Spinal Cord Injury. Top Spinal Cord Inj Rehabil. 2018 Fall;24(4):336-342. doi:10.1310/sci17-00055.





## Ekso Indego Personal & Ekso Indego Therapy Indications For Use: FDA

The Ekso Indego® orthotically fits to the lower limbs and the trunk; the device is intended to enable individuals with spinal cord injury at levels T3 to L5 to perform ambulatory functions with supervision of a specially trained companion in accordance with the user assessment and training certification program. The device is also intended to enable individuals with spinal cord injury at levels C7 to L5 to perform ambulatory functions in rehabilitation institutions in accordance with the user assessment and training certification program. Finally, Ekso Indego® is also intended to enable individuals with hemiplegia (with motor function of 4/5 in at least one upper extremity) due to cerebrovascular accident (CVA) to perform ambulatory functions in rehabilitation institutions in accordance with the user assessment and training certification program. Ekso Indego is not intended for sports or stair climbing.

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FDA clearance  
for clinical use

